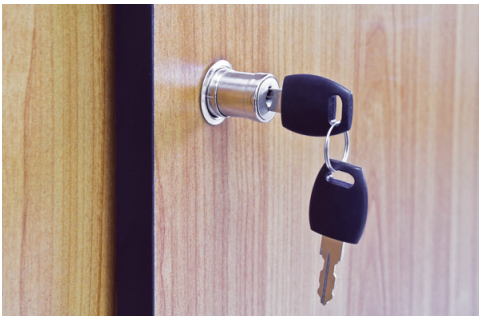


# MANAGE YOUR MEDS THE SAFE WAY

It's important to store medications securely while they're in use, and dispose of leftover or expired medications quickly and safely. Here's how:



## Store meds safely

- Store medicines out of reach of children or pets.
- Ask your pharmacist if any of your prescriptions are at risk for abuse.
- Lock up medications.
- Keep an updated inventory of all prescription medicine in your home.
- Pay attention to unexpected changes in pill quantities.

## Dispose of meds safely

### 1 CHECK TO SEE IF YOUR ITEMS ARE ACCEPTED:



#### Accepted:

- Over-the-counter and prescription medications, including controlled substances
- Medicated ointments, lotions and creams
- Liquid medication
- Pet medication

#### Not Accepted:

- Sharps/needles
- IV bags
- Waste containing blood or infectious material
- Personal care products
- Empty pill containers
- Hydrogen peroxide
- Aerosol cans



### 2 PREP YOUR MEDS.



- Dump unneeded pills into plastic baggies. It's OK to use one bag for different types of pills.
- Peel off or black out the labels on pill containers and recycle the containers at home.
- Keep liquids, creams and gels in original packaging.

### 3 DROP OFF MEDS!



Approved San Mateo County drop-off locations can be found at [smchealth.org/RxDisposal](http://smchealth.org/RxDisposal).

Don't flush or throw medications in the trash.



# TAKE IT BACK. DON'T TRASH OR FLUSH!



Safely dispose of prescription medications, including controlled substances,  
at the following locations:

### **Belmont**

Belmont Police Department  
1 Twin Pines Lane  
650-595-7400

### **Brisbane**

Brisbane Police Department  
50 Park Place  
415-467-1212

### **Burlingame**

Burlingame Police Department  
1111 Trousdale Drive  
650-777-4100

### **Daly City**

Daly City Police Department  
333 90th St.  
650-991-8119

### **Half Moon Bay**

San Mateo County Sheriff's Office  
537 Kelly Ave.  
650-726-8288

### **Hillsborough**

Hillsborough Police Department  
1600 Floribunda Ave.  
650-375-7400

### **Millbrae**

San Mateo County Sheriff's Office  
Millbrae Police Bureau  
581 Magnolia Ave.  
650-259-2300

### **Moss Beach**

San Mateo County Sheriff's Office  
500 California Ave.  
650-573-2801

### **Pacifica**

Pacifica Police Department  
2075 Coast Highway  
650-738-7314

### **Redwood City**

San Mateo County Sheriff's Office  
400 County Center, Third Floor  
650-599-1536

### **San Bruno**

San Bruno Police Department  
1117 Huntington Ave.  
650-616-7100

### **San Carlos**

San Mateo County Sheriff's Office  
San Carlos Police Bureau  
600 Elm St.  
650-802-4277

### **San Mateo**

San Mateo Police Department  
200 Franklin Parkway  
650-522-7710

### **South San Francisco**

South San Francisco Police Department  
33 Arroyo Drive, Suite C  
650-877-8900



ENVIRONMENTAL HEALTH  
SAN MATEO COUNTY



Protecting Our Health and Environment

\*Call for access hours and capacity

Check the website often  
**SMC<sup>HEALTH</sup>.ORG/RXDISPOSAL**  
for new locations!

If you have other questions, call 650-372-6200.

