

With Early Childhood Educator & Parent Coach Rachyl Alcantara

## Cultivating Family Connections as a Working Parent

6:30 PM - 7:30 PM Each Session

Tuesday, September 17th, 2024

Healthy Home, Healthy Boundaries

Tuesday, October 15th, 2024

8 Buckets of Love: Navigating a busy home & keeping our emotional buckets in mind

Tuesday, November 19th, 2024

SSF Main Library 2nd Floor, Young Adult Room 901 Civic Campus Way



## Rachyl's Background

- CEO of Lead Grow Inspire Together, LLC & WonderRoots Learning
- Master's degree in Educational Leadership
- Recipient of the California
  State Senate Piaget Award

