

Hello SSF,

Happy AAPI Month!



May marks the start of AAPI Heritage month! As a proud child of a Taiwanese immigrant, I couldn't be more proud to kick off May with several fun events by our Library throughout the month celebrating Asian American Pacific Islander heritage – from storytime to paper lanterns, we hope you'll join us in recognizing this special month.

Weekend Recap



Last weekend was a full weekend! Councilmember Mark Nagales, City Manager Sharon Ranals, and I joined the community in celebrating Arbor Day by planting 34 trees and several plants around Westborough Park. Meanwhile, Councilmember Eddie Flores and the Public Works team led a second clean up around Gardiner Park in District 5. Then on Sunday, we came together to honor our faithful South City volunteers with a picnic. We're so grateful for each of you!

Save the Date for our Pride Event



I'm so excited to share that South San Francisco is hosting our first citywide Pride event right in the heart of downtown on June1—complete with dance performances and even a roller-skating rink. More details to come, but I hope to see you there.

Save the Date: May 17 Senior Health Fair



Date: Friday, May 17, 2024 Time: 9:00 a.m. - 12:00 p.m. Library- Parks and Recreation Center 901 Civic Campus Way, South San Francisco

All community members are welcome. Kaiser Permanente membership not required.

Free Screenings: Blood pressure, cholesterol, blood sugar, glaucoma, etc. **Expert Advice:** Skin care, hearing info., pharmacy consultation (bring your medications), allergy tips, emotional well being, physical therapy, burn awareness and more.

Website: http://www.ssf.net/rec For more information, please call: 650-829-3820.







Also coming up this month is our 24th Annual Senior Health Fair on Friday, May 17 from 9:00 a.m. – 12:00 p.m. sponsored by Kaiser Permanente in partnership with the City of South San Francisco. All community members are welcome; Kaiser Permanente membership is not required. Free screenings for blood pressure, cholesterol, blood sugar, glaucoma, and more as well as expert advice on skin care, hearing information, pharmacy consultation, allergy tips, emotional well-being, physical therapy, and more.

Learn More

Join our Sticker Contest

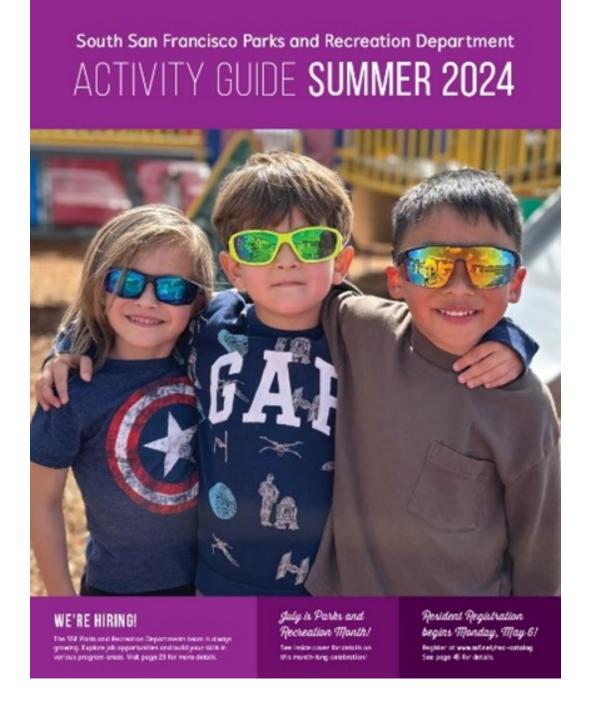


Don't forget to join our sticker contest! Deadline to submit: May 17. Click below for rules and requirements.

Enter Here

UPCOMING SSF & LOCAL EVENTS

Register for Summer Recreation Classes on May 3



The South San Francisco Parks and Recreation team is gearing up for the summer session that will begin on Monday, June 3. We recommend you take this time to create and/or review your CivicRec account to be ready for your registration date. Registration begins on Monday, May 6 for residents and Monday, May 20 for non-residents. Click the button below to view the Summer 2024 Activity Guide and the important dates!

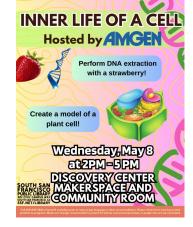
View the Summer Guide

Learn With Us at the Library

Click on each image for more information







Celebrate Star Wars
Day with us with glow
sticks ("mini
lightsabers"), raffle
prizes, and Star Wars
Racer gaming on
Nintendo Switch. Feel
free to dress in Star
Wars attire, and
remember, "May the
4th be with you."
Library | Parks & Recreation
Center, 901 Civic Campus
Way

AAPI author Kenny Lee will read his picture book about twins called, We, but Me, as well as When a Monster is Born by Sean Taylor. Kenny Lee is a first-time author who wrote We, but Me to honor his twin girls.

Library | Parks & Recreation Center, 901 Civic Campus Way In this program, Amgen scientists will show you how to create a life size plant cell using a variety of craft supplies. Afterwards, you will extract and examine the DNA of a strawberry. Recommended for patrons of all ages.

Library | Parks & Recreation Center, 901 Civic Campus Way

Drop-In Programs at the Roberta Cerri Teglia Center



Have you checked out the schedule for our senior center's Drop-In Programs? From Ping Pong to karaoke, from mahjong to technology

assistance, there's something for everyone, and it's all FREE.

View the Schedule

Apply for a Cultural Activities Grant by May 24



SHARE YOUR CULTURE. SHARE YOUR STORY.



Don't forget to apply for our Cultural Activities Grant Program by May 24! Open to all community organizations and artists who wish to offer free or low-cost events and activities that will expose our community to cultural and recreational activities and programming.

Learn More

Below Market Rate (BMR) Condo available

An amazing opportunity to purchase a BMR condo in the highly sought-after South City Lights Community in the coveted Westborough neighborhood of South San Francisco. Featuring 1 bedroom and 1 bathroom, This residence offers a total of 828 square feet with 1 bedroom and 1 bathroom, a sizable kitchen, and so much more. Maximum household incomes cannot exceed 80% of the San Mateo County Area Median Income. Maximum income for 1 person = \$104,400; 2 person = \$119,300. APPLICATION DEADLINE: May 15, 2024 by 12pm.

View the Complete Listing

Honoring our Educators

The City of South San Francisco is proud to collaborate with South San Francisco Chamber of Commerce, the South San Francisco Unified School District, South San Francisco CTA, South San Francisco Education Foundation, and the Bay Ed Fund to introduce the "Educating and Thriving" initiative. This program aims to acknowledge and support the educators of South San Francisco Unified School District by presenting them with a \$50 Visa gift card in recognition of their unwavering commitment and service.

Learn How to Participate

Open Submissions for San Mateo County Juneteenth Arts Showcase



CALLING ALL ARTISTS, GRADES TK-12!

JUNETEENTH ARTS SHOWCASE

OPEN SUBMISSIONS

Express your creativity! Celebrate the rich history of Juneteenth. Submit your visual, written, or performance art to the Juneteenth Arts Showcase with the theme "From Resilience to Joy: Celebrating the Journey to Freedom." All submitted work will be displayed at the Library | Parks and Recreation Center in South San Francisco in celebration with friends and family.



SUBMIT YOUR ART BY
MAY 17, 2024
www.smcoe.org/juneteenth

EVENT DETAILS:

June 5, 5:00-7:00PM
Library | Parks and Recreation Center, South San Francisco

Doors open at 4:30







Express your creativity in celebration of Juneteenth by submitting your visual, written, or performance art to the Juneteenth Arts Showcase taking place on June 5 at our Library | Parks and Recreation Center. Submit your art by May 17.

Learn More

Upcoming Volunteer Opportunities

Contact: <u>devin.stenhouse@ssf.net</u>

- Every Kid Deserves a Bike (May 4, 6, 10, 16, and 20)
- Pride Event (June 1)

COMMUNITY RESOURCES

Stay Aware, Stay Safe Around Caltrain's New Electric Trains



Caltrain is getting an upgrade: out with diesel, in with electricity! While this change means big improvements for the Caltrain community, it also means new electric overhead wires will be installed to power the new trains. The new electric trains are much quieter than the diesel trains so even if you can't hear the train, always make sure to wait for the gate to fully rise and look both ways before crossing. Learn more about staying safe around the new trains at www.caltrain.com/safety.

Learn More

Yours in service, James Coleman Mayor of South San Francisco









Sent bymayor-council@ssf.netpowered by



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