

Mayor's Update



Hey SSF,

Happy International Women's Day! For this week, we have a couple exciting events I hope you can join, and recognition for a very special South City community member!

Save the Date: Orange Memorial Park Aquatic Center Groundbreaking



Save the Date: Orange Memorial Park Aquatic Center Groundbreaking

South San Francisco is going to start construction on our new Orange Park Pools (yes, TWO pools)! This marks an exciting step in beginning the construction phase of the project following many months of community engagement and design development. Please join us for an exciting groundbreaking ceremony (party) on Saturday, March 30 beginning at 10:00 a.m.!

Please note: Orange Pool is expected to remain open as construction

progresses.

For Project Updates

Public Safety Town Hall

Councilmember Mark Nagales and I invite you to join our city's Chief of Police, Scott Campbell, in an in-depth discussion about public safety in our city. Come to the meeting today, Friday, March 8 at 7:00 p.m. at the Alice Bulos Community Center! Refreshments and beverages will be provided!



Happy International Women's Day! This week I would like to acknowledge one of our current Parks and Recreation Commissioners, Betty Battaglia. Betty has served our community for decades. As a P&R commissioner and former Library Board member, Betty has played an integral role in so many parks and recreation initiatives, including the development of the new Library building, countless events including several Movie Nights in the Park and Halloween Extravaganzas, programs such as Valentines for Troops, and so much more. Anyone who meets Betty quickly understands how much she loves our city and her devotion to making it better. THANK YOU, Betty for everything that you have accomplished for our community and your continued passion for its success!



UPCOMING SSF & LOCAL EVENTS

Youth in Government



Youth in Government (YIG) is an annual program that is produced by the City of South San Francisco in collaboration with the South San Francisco Unified School District. The intention is for **high** school juniors and seniors to learn about their local government directly from the source! YIG is a 4-day event where students are paired with city electees, managers, and department heads. Students will learn all about the city, take a tour of the city, shadow counterparts to see their day-to-day responsibilities, and partake in a mock city council meeting! This is a great opportunity for students to network and create professional relationships with municipal leaders! *Apply now through Friday, March 15 at 5:00 p.m.!*



Seniors Programming

Did you know our Senior Center has a newsletter? Read the Senior Connections newsletter for the latest updates from the Senior Services Program. Want to receive this by mail at home? The cost is FREE for subscribers. Call (650) 829-3820 for more information.

Subscribe Here

Youth Baseball Opening Day Ceremony and Parade



SOUTH CITY YOUTH BASEBALL OPENING DAY CEREMONY AND PARADE

SATURDAY, MARCH 9TH 2024 AT 9:30 AM ORANGE MEMORIAL PARK SPORTS COMPLEX

COME JOIN US TO START THE 2024 SEASON
OPENING CEREMONIES WITH THE MAYOR,
PARK AND REC COMMISSION CHAIR AND LEAGUE PRESIDENTS AND PARADE
OF OUR YOUTH BASEBALL TEAMS.
BASEBALL GAMES WILL BE HELD THROUGHOUT THE AFTERNOON.

SUPPORT SC FOG AT THE SNACK SHACK.



VENDORS WILL BE SELLING FOOD & REFRESHMENTS UNTIL ITS GONE.

VENDORS
LONG BRIDGE PIZZA,
SILVA'S MEXICAN KITCHEN



Artificial Intelligence in the Workplace

Artificial intelligence (AI) is arriving in our workplaces. What does this mean for employers and employees? Join us this Saturday, March 9 at 3:00 p.m. (Grand Library, 306 Walnut Ave.) to gain invaluable insights into harnessing AI's power to thrive in the evolving landscape of work.

Whole Foods Plant-Based Diet

This course will introduce you to what is a Whole Foods Plant-Based Diet (WFPBD) and why it is good for you and your family's health. To accomplish this, we need to understand why certain foods make us sick in the first place. Therefore, much of this course will provide the evidence behind diet as a major cause for many "lifestyle" diseases, such as heart

disease, diabetes, and certain cancers.

Learn More

English Conversation Club

Are you an English Learner? Drop into the Grand Library (306 Walnut Ave.) on Tuesday, March 12 at 10:30 a.m. to practice your English conversational skills. All levels are welcome. ¿Eres un estudiante de inglés? Ven a practicar tus habilidades de conversación en inglés con nosotros. Todos los niveles son bienvenidos.

2024 Jack Drago Cultural Arts Commission Youth Art Scholarship

The Cultural Arts Commission is awarding up to 3 scholarships (up to \$3,000) for South San Francisco Unified School District (SSFUSD) graduating high school seniors who have shown achievement in the arts and plan to continue the study of art. Applications are now available.

More Information

Spring Aquatics Registration



Tech Tuesday: Travel Apps and Sites

Planning a trip? Learn about apps and websites at the Main Library, Digital Media Lab, 2nd Floor (901 Civic Campus Way) on Tuesday, March 12, 12:00 p.m. No registration is required, but space is limited.

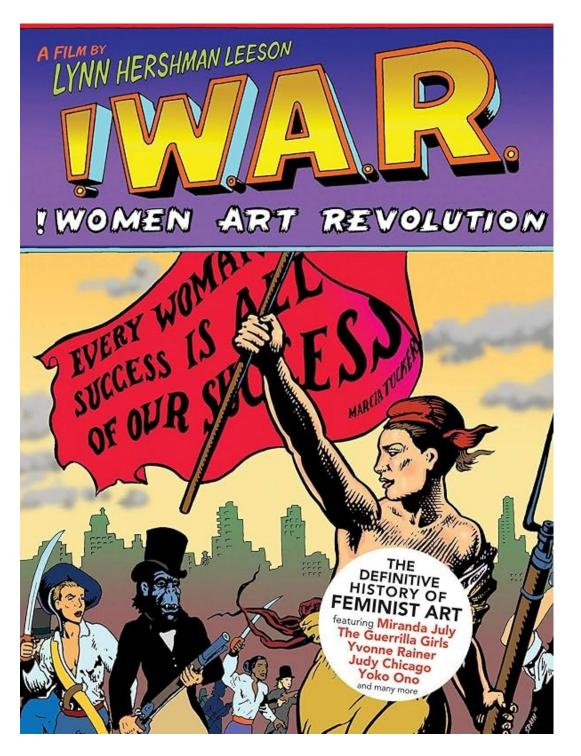
Website

AMGEN Earthquakes Engineering Workshop



A fun-filled kids science workshop! Become an engineer, construct earthquake-safe buildings, and learn about seismic activities. Please visit the Main Library, Amgen Discovery Center, 2nd Floor. Let curiosity quake!

Celebrate Women's History with Movie Night: !Women Art Revolution!



Love art? Love to learn about artists? !Women Art Revolution! Is an entertaining and revelatory "secret history" of feminist art. The film illuminates this under-explored movement through conversations, observations, archival footage, and works of visionary artists, historians, curators, and critics. Grand Library (306 Walnut Ave) | Wednesday, March 13, 6:00 p.m.

Adult Bocce League



SSF Parks & Recreation Department

Adult Bocce League Spring 2024

ORANGE MEMORIAL PARK

Bocce Courts: Adjacent to the Parking Lot 781 Tennis Drive. South San Francisco

Our Adult Bocce League will again be offered this spring of 2024!

Bocce, also known as Italian lawn bowling, is one of the most widely played games in the world and is one of the oldest lawn or yard games.

IT'S BOCCE TIME!

- Beginner & Advanced Levels



4:45 P.M. - 5:45 P.M.; 6:00 P.M - 7:00 P.M.

Age: 18 years & Up
April 4 - May 23, 2024
Beginner/Advanced Individual or Team

7:15 P.M. - 8:15 P.M.

Age: 18 years & Up April 4 - May 23, 2024 Advanced Teams Only

Now offering senior discount! *those 62 over may deduct the 20% off resident rate

Registration begins Monday, February 26, 2024 at 6:00 a.m. online: www.ssf.net/rec-catalog

For more information:
Call the Recreation Office at
(650) 829-3800
or email web-rec@ssf.net

Register Here

Spring Adult Sports Leagues

Pick up a packet at Terrabay Gymnasium and Recreation Center.

To Register

The Planet vs. Plastics



We are looking for volunteers and vendors to help provide education or services to the community. Interested vendors/volunteers should register at the link below.

Register Here

Questions?

Adopt a Storm Drain





Are you interested in volunteering, while helping the environment and beautifying SSF neighborhoods all at the same time? If so, please sign up as a storm drain steward in the City of South San Francisco's Adopt A Storm Drain Program! You will be provided with free supplies to clean your storm drain(s). Keeping storm drain grates clear of debris is something that you can do to help prevent flooding. For questions or more information regarding this program, please call the S.S.F. Public Works Dept. at (650) 877-8550. Let's help keep SSF clean together!

Register Here

More Information

How to Comply with CA SB 1383: A Friendly Guide for Residents

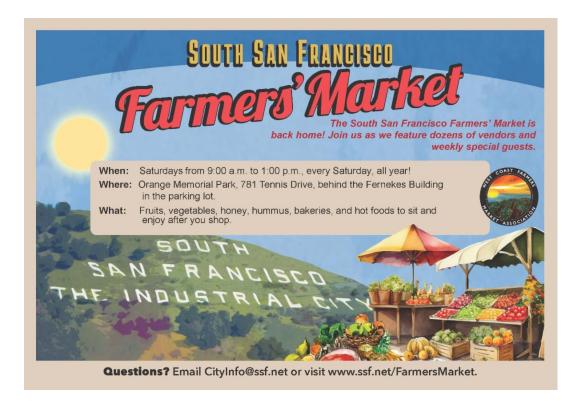






Learn How to Comply

SSF Farmers' Market



Help support local farmers and small businesses at the SSF Farmers' Market. Pick up fresh, delicious fruits and vegetables straight from the source! Additional features include a food truck, fresh hummus, fresh baked goods, candles, plants, crafts, and much more!

More Information

Private Rentals



Let us help you plan your next meeting, party, or event in one of our beautiful facilities. South San Francisco has several rooms and facilities available for different functions. We are now booking 11 months in advance.

Learn More

Sign Hill Stewards

You are encouraged to sign-up to help restore habitat and protect nature with the Parks and Recreation Department in South San Francisco. Join Natural Resource Specialist Candace LaCroix every other Friday and the second Saturday of the month on Sign Hill. Registration is required.

Register Here

Questions?

Coming soon: Call for Nominations for Woman of the Year

In recognition of Women's History Month, we'd like to recognize a woman in our community. Details and the application coming soon.

COMMUNITY RESOURCES

Caltrain Weekend Service Shutdowns

This weekend, Caltrain will begin testing their new electric trains between San Mateo and San Jose. These tests mark a significant step towards modernizing and enhancing rail service for both passengers and the communities that Caltrain serves. To complete these tests, Caltrain will be suspending morning and evening rail service on Saturday, March 9 and Sunday, March 10 between San Francisco, and Mountain View stations. Riders should avoid Caltrain and seek alternative transportation if they are planning to travel during these times. Bus replacement service will be available at select stations, but passengers should expect delays and longer travel times.

More Information

AARP Driver Safety Course



SAFER DRIVING MAY SAVE YOU MONEY

Take the AARP Smart Driver™ classroom course and you could save on your car insurance!*

- » Refresh your driving skills and knowledge of the rules of the road.
- » Learn techniques for handling left turns, right-of-way and roundabouts.
- » Discover proven driving methods to help keep you and your loved ones safe on the road.

THERE'S A CLASSROOM COURSE IN YOUR NEIGHBORHOOD!



Date & Time:

This is a 2 day course, each class will be from 9:00 am to 1:00 pm. The dates are Tuesday, March 19, 2024 and Wednesday March 20, 2024.

Please be sure to come 20 minutes before the start of the course for sign-in. Course fee will be collected the day of class. See below for fees.

Location:

Library | Parks and Recreation Center 901 Civic Campus Way, South San Francisco CA 94080, 3rd floor.

Register

To register for the course, please contact Lisa Wilson at 650-829-3816 or lisa.wilson@ssf.net

Class is limited to the first 18 regitrants.

CLASSROOM COURSE

\$20 for AARP members \$25 for non-members

TO FIND ADDITIONAL COURSES

Visit: www.aarp.org/driving36 Call: 1-888-773-7160

Second Harvest Food Bank



Second Harvest is committed to doing whatever it takes to end hunger in our community. That means distributing nutritious food, leveraging every available food resource, and collaborating with organizations and people who share our belief that hunger is unacceptable. Nutritious food is the

^{*} Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

foundation for a healthy, productive life.

Learn More

CORA Speak Up Program

Keep Customers & Employees Safe

EDUCATION FOR SOUTH SAN FRANCISCO BUSINESSES

Understand

Understand power and control, types of abuse, basic statistics, and why people stay

MODULE 1

Recognize

Spot mild to severe signs of someone in an abusive relationship

MODULE 2

Speak Up

Learn key statements to help and why not to pressure someone to leave or report

MODULE 3

About the Program

Learn how to keep your customers and employees safe through the Speak Up Program. Through this free program, business owners and staff will come away with an understanding of intimate partner abuse, how to spot red flags, and what to say to someone they fear might be in an abusive situation. This program is made possible through a partnership between CORA - Community Overcoming Relationship Abuse and the City of South San Francisco.

Learn More

Sign up for training by reaching out to CORA's Speak Up Community Team at normaa@corasupport.org

f in www.corasupport.org

FREE 15 & 30 Min Virtual and In-Person **Training for Business Owners & Staff**



The City of South San Francisco and non-profit partner, Community Overcoming Relationship Abuse (CORA), have partnered on a Speak Up workshop, bringing awareness to our community about Intimate Partner Abuse through a 15-minute training. This workshop has been funded by the City of South San Francisco so that it may be offered at no cost to our South San Francisco community. Thank you for doing your part to keep our communities safer!

Yours in service, James Coleman Mayor of South San Francisco







City of South San Francisco | 400 Grand Avenue, South San Francisco, CA 94080

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