



Mayor's Update



Hey SSF,

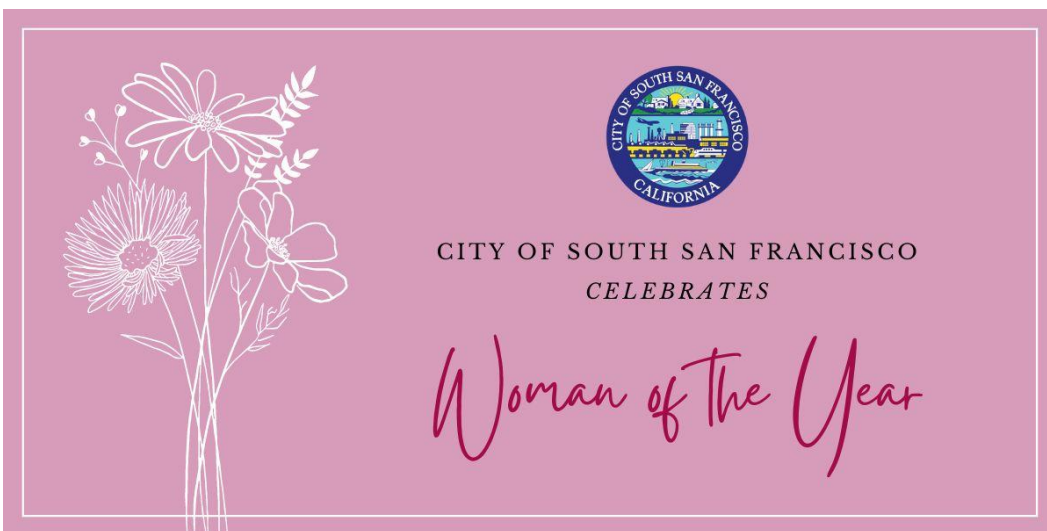
It's been an exciting week starting with the announcement of South San Francisco being one of three cities selected for a [\\$149 million grant](#) through the Caltrans Reconnecting Communities: Highways to Boulevards Grant Program! I am excited about the potential of this program to implement solutions that improve our transit infrastructure, and increase transportation access throughout our neighborhoods. Learn more about the grant in this [news release](#).



Also this week, our City Council recognized several key events by passing Proclamations recognizing [Women in Construction Week \(March 3 - 9\)](#), [Women's History Month](#), and [Irish Heritage Month](#).



Now Accepting Nominations: Woman of the Year



In celebration of Women's History month, I invite you to nominate a resident of South San Francisco who has made a significant difference this past year or throughout her lifetime. We will be selecting one honoree as South San Francisco Woman of the Year. Please submit

your [nomination](#) by **Friday, March 22**. The awardee will be recognized at a City Council meeting in April.

Save the Date: Orange Memorial Park Aquatic Center Groundbreaking



South San Francisco is going to start construction on our new Orange Park Pools (yes, TWO pools)! This marks an exciting step in beginning the construction phase of the project following many months of community engagement and design development. Please join us for an exciting groundbreaking ceremony (party) on Saturday, March 30 beginning at 10:00 a.m.!

Please note: Orange Pool is expected to remain open as construction progresses.

[For Project Updates](#)

City of SSF received two California Parks and Recreation Society Awards!

I am proud to announce the City of South San Francisco is the recipient of two competitive Awards of Excellence by the [California Parks and Recreation Society](#) (CPRS), a nonprofit, professional and public interest organization with members who are central to why *Parks Make Life Better!*:

1. Excellence in Design - Facility Design: Library | Parks and Recreation Center
2. Excellence in Design - Park Planning: Orange Memorial Park Stormwater Capture and Sport Field Project



UPCOMING SSF & LOCAL EVENTS

Youth in Government



South San Francisco City Departments:

- Capital Projects
- City Attorney
- City Clerk
- City Council
- City Manager
- Econ./Comm. Develop.
- Finance
- Fire
- Human Resources
- Information Technology
- Library
- Parks & Recreation
- Police
- Public Works




2 Steps to apply:

[Application](#)

[Supplemental Questionnaire](#)

Contact

 devin.stenhouse@ssf.net

 650-829-3817

Youth in Government 2024



Youth in Government (YIG) is an annual program that is produced by the

City of South San Francisco in collaboration with the South San Francisco Unified School District. YIG is a 4-day event where students are paired with city elected officials, managers, and department heads, and will learn all about the city, shadow counterparts to see their day-to-day responsibilities, and partake in a mock city council meeting! This is a great opportunity for students to network and create professional relationships with municipal leaders! ***Application deadline has been extended to Monday, March 18 at midnight (12:00 am).***

[Learn More](#)

[Apply Here](#)

[Supplemental Questionnaire](#)

Women's History Month in the Library

Women's HISTORY MONTH MARCH 2024



SAT 02 2:00 PM **KIDS' ART WORKSHOP: CELEBRATE WOMEN IN ART!**
GRAND LIBRARY - 306 Walnut Ave

WED 13 6:00 PM **MOVIE NIGHT: !WOMEN ART REVOLUTION**
GRAND LIBRARY - 306 Walnut Ave

MON 18 3:30 PM **MAKERSPACE: BUILDING BRIDGES LIKE EMILY ROEBLING**
MAIN LIBRARY - 901 Civic Campus Way

TUE 19 6:00 PM **BOOK CLUB: THE EXCEPTIONS: NANCY HOPKINS, MIT, AND THE FIGHT FOR WOMEN IN SCIENCE BY KATE ZERNIKE**
MAIN LIBRARY - 901 Civic Campus Way
Attend the book club, then meet the author in-person on Thursday, April 11th. Details below!

WED 20 6:00 PM **COOKBOOK SPOTLIGHT: WE ARE LA COCINA**
VIRTUAL VIA ZOOM
USE LINK TO REGISTER ON ZOOM
<https://bit.ly/ssfcocina>

THUR 21 2:00 PM **ASIAN ART MUSEUM PRESENTS THE GODDESS: IMAGES OF POWER**
MAIN LIBRARY and VIRTUAL VIA ZOOM
USE LINK CODE TO REGISTER ON ZOOM
<https://bit.ly/49xBJZR>

FRI 29 10:30AM **STORYTIME CELEBRATING WOMEN'S HISTORY MONTH WITH COUNCILMEMBER FLOR NICOLAS**
COUNCIL CHAMBER - 901 Civic Campus Way

APRIL **THUR 11 6:00 PM** **AUTHOR TALK WITH KATE ZERNIKE**
COUNCIL CHAMBER - 901 Civic Campus Way

Learn More

Social Security Optimization with Brad Hamada, CFEd

As we move through our financial lives, understanding how to properly manage our money can be a challenge. Luckily, for many people, Social Security can be an additional source of continued income at retirement. Join us on Saturday, March 16, 2:00 p.m. at the Main Library, 2nd Floor Community Room (901 Civic Campus Way) to obtain a better understanding of the overall Social Security picture and walk away with knowledge and resources to know how to make the best decision for yourself, your family, and your future generations.

Building Bridges Like Emily Roebling

Let us celebrate Women's History Month by honoring Emily Roebling for her contributions in constructing the Brooklyn Bridge. In this program we will engineer bridges out of popsicle sticks on Monday, March 18 at 3:30 p.m. at the Main Library, Discovery Center, 2nd Floor.



LET US CELEBRATE WOMEN'S HISTORY MONTH BY HONORING EMILY ROEBLING FOR HER CONTRIBUTIONS TO THE CONSTRUCTION OF THE BROOKLYN BRIDGE.

Emily Roebling
1843-1903



BUILDING BRIDGES *like Emily Roebling*

In this program we will engineer bridges constructed out of popsicle sticks.

MONDAY, MARCH 18, 2024
@ 3:30 PM
MAKERSPACE DISCOVERY CENTER

PROGRAM IS
RECOMMENDED
FOR AGE 6 AND
UP



SOUTH SAN FRANCISCO PUBLIC LIBRARY
901 CIVIC CAMPUS WAY

Jobs for Youth Workshop: Soft Skills for Success

South San Francisco Public Library is excited to partner with San Mateo County's Jobs for Youth program in offering a series of job-seeking workshops for teens beginning Wednesday, March 20 at 4:00 p.m. in the Grand Library (306 Walnut Ave)! All young people between the ages of 14 and 21 are eligible to attend. Learn the difference between soft and technical skills; discover how to apply your own passions, talents, and goals towards finding the right job. In this workshop, youth will be invited to participate in one or more of the following exercises:

- How do you define success?

- Practicing positive self-affirmations
- Grateful for Gratitude
- Transferrable Skills
- Key to Success

Learn more about [Jobs for Youth](#) (JFY), a County of San Mateo program.

Virtual Cookbook Spotlight: We are La Cocina

Join us on Zoom on Wednesday, March 20 at 6:00 p.m. for a delicious cooking demo, from our kitchen to yours. In March, we're talking about the San Francisco-based La Cocina community kitchen's cookbook, *We Are La Cocina*. La Cocina is both a kitchen space and a program supporting small food service businesses run by working class and immigrant women of color, and their cookbook highlights women who have pursued their culinary and business dreams. We'll talk about women in the food industry, economic freedom through food businesses, and make some delicious food!

[Register here](#)

Asian Art Museum presents The Goddess: Images of Power

Join us in person at the Main Library 2nd floor Community Room or on [Zoom](#) Thursday, March 21, 2:00 pm, and explore the myriad and fascinating depictions of female deities throughout Asia. From fierce warriors and dakinis to peaceful and benevolent bodhisattvas, these goddesses cover all the bases as they play an important and prominent role in many Asian religions. The Asian Art Museum Docent Program is generously supported by the Dhanam Foundation and Society for Asian Art, and is made possible by the South San Francisco Friends of the Library.

Mental Health First Aid Training

Kingdom Love, LLC presents Mental Health First Aid Training - A skill-based training which helps you understand mental health and substance abuse use challenges in people. The Mental Health First Aid ALGEE Action Plan gives you the proper tools to support and connect people to the appropriate resources and treatments. Participants complete a 2-hour online self-pace course, prior to attending a 6.5 hour skill-based training, in person at the Main Library 2nd floor Community Room on Friday, March 22, 10:00 a.m. – 4:30 p.m.



SAN MATEO COUNTY HEALTH
BEHAVIORAL HEALTH
& RECOVERY SERVICES



Mental Health **FIRST AID**
from NATIONAL COUNCIL FOR MENTAL WELLBEING

KINGDOM LOVE, LLC
presents

MENTAL HEALTH FIRST AID

A skill-based training which helps you understand mental health and substance use challenges in people. As a First-Aider, you will identify signs and reach out to provide initial first-aid support.

The Mental Health First Aid **ALGEE** Action Plan gives you the proper tools to support and connect people to the appropriate resources and treatments

Become a
Certified Mental Health
First Aider

TOPICS INCLUDE

- COMMON MENTAL HEALTH SIGNS AND SYMPTOMS
- SUICIDE WARNING SIGNS
- CULTURAL CONSIDERATIONS
- SELF-CARE

Blended In-Person Adult MHFA Training

Participants complete a 2-hour online self-paced course, prior to attending a 6.5-hour skill-based training, in-person

Upon registration, you will receive an email from Lisa Mena, Lisa@KingdomLove.Live with important next steps

Friday March 22
10:00am - 4:30pm

South San Francisco
Public Library
901 Civic Campus Way
S. San Francisco

Registration:
bit.ly/MHFA-SSEPL



THIS COURSE IS VALUED AT \$170.

THANKS TO THE MENTAL HEALTH SERVICES ACT (PROPOSITION 63) FUNDING AND A PARTNERSHIP BETWEEN KINGDOM LOVE, LLC AND SAN MATEO COUNTY BHRS ODE, APPROVED REGISTRANTS MAY ATTEND AT NO CHARGE

www.kingdomlove.live | smchealth.org/bhrs/ODE #bethedifference

Register here

Upcoming Community Meeting – 2023 Military Equipment Annual Report

The Police Department will be hosting a community engagement meeting on March 25, 2024, from 5:00 p.m. - 6:00 p.m., where they will present the 2023 Military Equipment Annual Report (as defined in Assembly Bill 481) and be available to answer questions. The meeting will be held in the Police Department Community Room at 1 Chestnut Avenue.

Learn More

Community Police Academy

The South San Francisco Police Department is accepting applications for the upcoming Community Academy that takes place every Tuesday evening from 6:30 p.m. - 9:30 p.m., from March 19 to May 21. Students will learn about the different units within the department, meet department personnel, and tour our new building and 911 Dispatch Center. For more information, please call (650) 829-3931.

**STARTS
MARCH 19**

**EVERY TUESDAY
6:30 PM TO 9 PM**

ENDS MAY 28TH



TOPICS

- Investigations
- Use of Force Issues
- Hiring, Police Academy, FTO
- SWAT and K-9 Demonstration
- Traffic Enforcement
- and more...

**CONTACT: IVAN.DELACRUZ@SSF.NET
(650) 829-3931
FOR MORE INFORMATION**

JOIN THE SSFPD



COMMUNITY ACADEMY



How does a police department function?
Why do officers do what they do?
Is law enforcement the profession for me?
How do I become more familiar with the men and women who serve and protect my community?

Scan the QR Code
to apply.



Learn About our Adult Day Care Program

The City of South San Francisco has operated an Adult Day Care program since 1986, to enable frail and/or impaired older adults with disabilities, such as Alzheimer's, stroke, or Parkinson's to remain in the community. With a structured activity program and a daily nutritional

lunch, (including bingo, entertainment, daily exercise, special events, and new friends), participants are assisted in maximizing their abilities to maintain their physical, emotional, and social functions. Benefits to participants include supervision, assistance, and adaptive equipment for activities of daily living. The Adult Day Care program is \$62 per day, (sliding scale fees those who qualify). This program also benefits the caregivers by providing them support and respite, and is open Monday – Friday 8:00 a.m. to 2:30 p.m. For more information please call (650) 829-3824.



Whole Foods Plant-Based Diet

This course will introduce you to what is a Whole Foods Plant-Based Diet (WFPBD) and why it is good for you and your family’s health. To accomplish this, we need to understand why certain foods make us sick in the first place. Therefore, much of this course will provide the evidence behind diet as a major cause for many “lifestyle” diseases, such as heart disease, diabetes, and certain cancers.

[Learn More](#)

2024 Jack Drago Cultural Arts Commission Youth Art Scholarship

The Cultural Arts Commission is awarding up to 3 scholarships (up to \$3,000) for South San Francisco Unified School District (SSFUSD) graduating high school seniors who have shown achievement in the arts

and plan to continue the study of art. Applications are now available.

[More Information](#)

Spring Aquatics Registration



The poster features a light blue background with various sea creatures and coral. At the top left is the City of South San Francisco logo. The main title is 'AQUATICS SPRING 2024 REGISTRATION DATES'. Below this, two white boxes with dark blue headers provide registration dates for Session 1 and Session 2. At the bottom, a paragraph of text provides registration details and contact information.

City of South San Francisco

AQUATICS SPRING 2024 REGISTRATION DATES

Session 1 (All Classes)
Resident: Wednesday, March 13, 2024
Non-Resident: Wednesday, March 20, 2024

Session 2 (M/W and T/Th Classes Only)
Resident: Friday, April 19, 2024
Non-Resident: Saturday, April 20, 2024 @ 8:00a.m.

All registrations begin at 6:00 a.m. online and in-person at Orange Pool unless noted otherwise. For more information, please visit our online registration website www.ssf.net/rec-catalog or call Orange Pool at (650)875-6973.

[Register Here](#)

The Planet vs. Plastics

The Planet vs. Plastics

2024 EARTH DAY EVENT
SSF LIBRARY | PARKS & REC CENTER

**Sunday,
April 14,
2024**



**1pm to
4pm**



HOSTED BY



walang
sayang
eco

FREE ADMISSION
Register using the QR code.

***Become an earth hero and learn how
you can save the planet.***

Interactive exhibits, community conversations,
family-friendly activities, art installations,
resources, and sustainable vendors.

Bring your reusable water bottle, shopping bags,
and empty jars for refillable household products

Together, we can tip the scales in favor of Planet
Earth!

We are looking for volunteers and vendors to help provide education or services to the community. Interested vendors/volunteers should register at the link below.

[Register Here](#)

[Questions?](#)

Blueprint Buzz



Project Spotlight: Street Surface Seal Project
Project Manager: Angel Torres, PE

Fueling Progress with Strategic Investments

Over the last three years, South San Francisco has invested \$31 million in street enhancements, tapping into diverse funding sources such as Bond Funded Measure W, Gas Tax, SB1 Road Maintenance and Rehabilitation Account, and Measure A. This investment has successfully raised the city's Pavement Condition Index from 74 to 77.



Downtown Area Enhancements: We're conducting critical concrete and asphalt pavement repairs to increase the longevity and resilience of our roads, preparing them for extensive sealing work ahead. In April 2024, the project will progress with important key tasks such as removing old striping, sealing cracks, applying surface sealant, and marking new lines. This will make our streets safer and more long-lasting.

Just what is happening?

- **Pothole Repairs:** Targeting quick repairs in critical areas to ensure safer travel.
- **Road Resurfacing:** Using durable materials to extend the life of roads and withstand heavy use.
- **Safety Enhancements:** Enhancing pedestrian, cyclist, and driver safety through the addition of clearly marked striping, pedestrian crossings, and designated bike lanes.

Unlock the blueprint. Scan the QR code for instant access to detailed project insights.



Not just improving roads; we're enhancing every journey in our City for a better future.

Engineering Division, 315 Maple Ave., South San Francisco, CA 94080

(650)829-6652

Did You Know?....Exploring the Free South City Shuttle

Did you know that South San Francisco offers a convenient, safe, and reliable transportation option? Let's take a closer look at the Free South City Shuttle, and discover why it's a favorite among residents and visitors alike!

1. **Free and Accessible:** One of the most significant advantages of the Free South City Shuttle is right in its name – it's completely free for everyone!
2. **Convenient Routes:** The Shuttle's routes are carefully designed to connect key destinations within South San Francisco, including the downtown area for local shopping and eateries, connecting transit to BART, SamTrans, and Caltrain; travel through various neighborhoods such as Hillside, Sunshine Gardens, Winston Manor, Serra Highlands, Buri Buri, Avalon, and Westborough; various schools, parks, senior centers, libraries, Kaiser Hospital,

and more. With multiple stops along each route, it's easy to hop on and off wherever you need to go!

3. **Frequent Service:** The Free South City Shuttle offers frequent service throughout the day with service to each of its stops within an hour from 7:00 a.m. to 7:00 p.m. each weekday.
4. **Trip Planning Features:** The Free South City Shuttle has its very own app which provides the shuttle schedules and real-time tracking of the three current shuttles, allowing passengers to see the current location of the shuttles on a map to help you plan your journey more effectively. Additionally, riders also have the option to view the shuttles real-time location map by scanning the QR code located at the bottom right corner of any Free South City Shuttle stop sign (as shown in picture).
5. **Accessible for All:** The Free South City Shuttle is equipped with features to ensure accessibility for all passengers, including low-floor boarding, wheelchair ramps, and priority seating for seniors and individuals with disabilities.
6. **Community Connection:** Beyond its practical benefits, the Free South City Shuttle fosters a sense of community by bringing residents together and making it easier to connect with neighbors, local businesses, and community events.

Next time you're planning your travel in South San Francisco, consider hopping on the Free South City Shuttle for a convenient, reliable, and community-oriented transportation experience. For more information on the Shuttle, such as route schedules, route map, real-time location, the Free South City Shuttle app, and more, please visit www.ssf.net/shuttle.



SSF Farmers' Market

SOUTH SAN FRANCISCO
Farmers' Market

The South San Francisco Farmers' Market is back home! Join us as we feature dozens of vendors and weekly special guests.

When: Saturdays from 9:00 a.m. to 1:00 p.m., every Saturday, all year!
Where: Orange Memorial Park, 781 Tennis Drive, behind the Fernekes Building in the parking lot.
What: Fruits, vegetables, honey, hummus, bakeries, and hot foods to sit and enjoy after you shop.

WEST COAST FARMERS MARKET ASSOCIATION

Questions? Email CityInfo@ssf.net or visit www.ssf.net/FarmersMarket.

Help support local farmers and small businesses at the SSF Farmers' Market. Pick up fresh, delicious fruits and vegetables straight from the source! Additional features include a food truck, fresh hummus, fresh baked goods, candles, plants, crafts, and much more!

[More Information](#)

Sign Hill Stewards

You are encouraged to sign-up to help restore habitat and protect nature with the Parks and Recreation Department in South San Francisco. Join Natural Resource Specialist Candace LaCroix every other Friday and the second Saturday of the month on Sign Hill. Registration is required.

[Register Here](#)

[Questions?](#)

COMMUNITY RESOURCES

AARP Driver Safety Course

SAFER DRIVING MAY SAVE YOU MONEY

Take the AARP Smart Driver™ classroom course and you could save on your car insurance!*

- » Refresh your driving skills and knowledge of the rules of the road.
- » Learn techniques for handling left turns, right-of-way and roundabouts.
- » Discover proven driving methods to help keep you and your loved ones safe on the road.

THERE'S A CLASSROOM COURSE IN YOUR NEIGHBORHOOD!

NEW
CONTENT
ADDED!

Date & Time:

This is a 2 day course, each class will be from 9:00 am to 1:00 pm.
The dates are Tuesday, March 19, 2024 and Wednesday March 20, 2024.

Please be sure to come 20 minutes before the start of the course for sign-in.
Course fee will be collected the day of class. See below for fees.

Location:

Library | Parks and Recreation Center
901 Civic Campus Way, South San Francisco
CA 94080, 3rd floor.

Register:

To register for the course, please contact Lisa Wilson at 650-829-3816 or
lisa.wilson@ssf.net
Class is limited to the first 18 registrants.

CLASSROOM COURSE

\$20 for AARP members
\$25 for non-members

TO FIND ADDITIONAL COURSES

Visit: www.aarp.org/driving36
Call: **1-888-773-7160**

* Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

Second Harvest Food Bank



Second Harvest is committed to doing whatever it takes to end hunger in our community. That means distributing nutritious food, leveraging every available food resource, and collaborating with organizations and people who share our belief that hunger is unacceptable. Nutritious food is the

foundation for a healthy, productive life.

[Learn More](#)

Yours in service,
James Coleman
Mayor of South San Francisco



City of South San Francisco | 400 Grand Avenue, South San Francisco, CA 94080

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