



Please join me tomorrow, September 30th at 10 a.m. for the reopening of our beloved Roberta Teglia Community Center. Coffee and refreshments will be available as well as fun activities for seniors including billiards, open gym, technology assistance, yoga, and Zumba gold. Please go to the recreation division's website for activity start-times. We hope to see you there!

Also on Saturday, our friends at the Silicon Valley Bicycle Coalition will be testing out the new bicycle demonstration project on El Camino Real with the South City Bike, Grinds

& Boba Ride! This family friendly ride starts at Orange Memorial Park and ends at Spruce Cafe in South San Francisco on Saturday, September 30 at 12 p.m. Register here!

Did you know that 1 in 3 women and 1 in 4 men have been physically abused by an intimate partner? First observed in October 1981 as a national "Day of Unity," Domestic Violence Awareness Month is held each October to bring awareness and unite advocates to end domestic violence. If you or someone you know needs help, reach out to the National Domestic Violence Support Network at 1-800-799- SAFE (7233) or text START to 88788.

At our Council meeting last Wednesday, we also kickstarted the celebration of October as Filipino American History month to commemorate the documented proof of Filipino presence in the continental United States in 1587. The hope is to instill in our young Filipino Americans the importance of education and history in establishing a proud cultural identity and creating eminent role models to produce exceptional citizens of this nation.

A huge thanks to Assemblymember Diane Papan for her support of the City's Every Kid Deserves a Bike Program. The program provides free bicycles, helmets, and training to South San Francisco Unified School District youth to encourage physical and mental well-being. Under Assemblymember Papan's leadership, the City will be receiving \$200,000 to continue this program with another distribution happening in 2024. Please join me and Councilmember Eddie Flores in thanking Assemblymember Papan TODAY! Friday, September 29th at 1:00 p.m. at the Gene Mullin Community Learning Center (520 Tamarack Lane, South San Francisco).

You may notice some safety enhancements on El Camino Real at Country Club Drive and Ponderosa Drive. Caltrans will be enhancing pedestrian signals and countdown pedestrian signals at these locations, improving safety for pedestrians who are blind, visually impaired, or deaf-blind. For more information, contact our Public Works Department at (650) 877-8550.

If you or a loved one needs medical care and are uninsured, insured with Medi-Cal, Medi-Care, or San Mateo County (ACE) Health Insurance, the County of San Mateo Mobile Clinic provides convenient and confidential medical care to adults aged 18 years and older. The Mobile Clinic is in South San Francisco on Mondays and Tuesdays. On Mondays, the clinic is on the corner of Miller Avenue & Maple Avenue in Parking Lot #7 from 10:00 a.m. to 4:00 p.m. and on Tuesdays, at Safe Harbor Shelter (295 N. Access Rd.) from 3:00 - 6:30 p.m. (Please note that the Safe Harbor location is only for individuals experiencing homelessness).

As always, if you know of a friend or neighbor who does not receive these important City updates, please forward this email to them, and they can <u>sign</u> <u>up here</u>.

Your Mayor, Flor Nicolas

LOCAL NEWS AND HAPPENINGS

Teglia Center Re-Opening

Celebrate the re-opening of the Roberta Cerri Teglia Center with Mayor Flor Nicolas! Mayor Nicolas (District 3) will be at the Teglia Center (601 Grand Ave., 3rd Floor) on Saturday, September 30 from 10:00 a.m. to 12:00 p.m. and wants to hear your thoughts regarding the City of South San Francisco. Coffee and refreshments will be available as well as fun activities for seniors including billiards, open gym, technology assistance, chess, yoga, and Zumba gold. Please go to www.ssf.net/departments/parks-recreation/recreation-division/seniors for activity schedules. We hope to see you there!

South City Bike, Grinds & Boba Ride

Join us for a family friendly ride starting at Orange Memorial Park and ending at Spruce Cafe in South San Francisco on Saturday, September 30 at 12 p.m. The 3-mile ride will feature the city's new temporary demonstration project on El Camino Real, the city's shared-use trails, and participants will receive FREE coffee and boba, and discounted pastries at the Night Market and Spruce Cafe. Bike parking is also available. Register here!

South San Francisco Farmers' Market

Come to Farmers' Market this Saturday from 9:00 a.m. to 1:00 p.m. at Orange Memorial Park for fresh, delicious fruits and vegetables straight from the source! Additional features include a Mexicana-Filipina food truck, fresh hummus, fresh baked goods, candles, plants, crafts, and much more!

Firefighters from South San Francisco's sister city, Atotonilco El Alto, Mexico, will be taking donations to take back to their home country. Firefighters will be collecting durable, medical equipment such as wheelchairs, crutches, walkers, portable toilets, etc. If you have such items hanging around the house or your place of work, we would be extremely happy and grateful to take them off your hands and put them to good use!

Additionally, you are encouraged to stop by the Bay Area Community Health Advisory Council (BACHAC) table. BACHAC is dedicated to eliminating health disparities across generations and diverse communities through education and

services. BACHAC has worked with corporations, mid-and small sized companies, community-based organizations, nonprofit health organizations, governmental agencies, health educators, institutions of higher learning, and the faith community to create a village united around a common goal: increasing awareness of and reducing the debilitating effects of health concerns that disproportionately affect communities of color.

Finally, visit the San Mateo County Office of Education Safe Routes to School table to learn more about transportation safety projects happening in South City! Grab free swag, bike and pedestrian safety pamphlets, and more! Learn about the El Camino Real Quick-Build project and take the survey to receive a voucher for free coffee and boba from Spruce Café!

PARKS AND RECREATION EVENTS

Halloween Extravaganza!

SAVE THE DATE! Halloween Extravaganza Saturday, October 21, 2023 12:00 p.m. - 4:00 p.m. Orange Memorial Park 781 Tennis Drive, SSF Free Admission It's that time of the year to get into the Halloween spirit with this fun event for all community members to enjoy! Festivities will include a pumpkin patch, games, food, and more. We hope to see you there and costumes are always encouraged.

Library | Parks and Recreation Center Ribbon Cutting

The City of South San Francisco is excited to announce the grand opening and ribbon-cutting celebration of the new Library | Parks and Recreation Center on Saturday, October 28, 2023, at the corner of Chestnut and El Camino Real, 901 Civic Campus Way. This project has been in the works since November of 2015 when voters passed Measure W, the ½ cent sales tax which is making possible so many quality-of-life improvements for our community. Stay tuned for more information over the coming weeks about the activities planned for this very exciting new state-of-the-art co-located Library | Parks and Recreation Center, and City Council Chambers. Visit www.ssf.net/LPR for more information about this new facility.

Private Rentals at the new Library | Parks and Recreation Center

The new Library | Parks and Recreation Center will have a Banquet Hall and a Social Hall available to rent for private events. If you are interested in renting this facility, please <u>click here</u> and submit your interest form. By submitting this form your name will be placed on an interest list, this does not guarantee your event date. Please <u>click here</u> for rental fees for this facility. For questions, please contact the Recreation Administrative Office at (650) 829-3800. Photos and room diagrams coming soon.

Orange Memorial Park Sports Field

Save the date for the grand opening of the new Orange Memorial Park Sports Field on Wednesday, October 18 at 6:30 p.m. on the corner of West Orange Avenue and Memorial Drive in South San Francisco. Community members are invited to visit www.ssf.net/parkprojects to learn more.

Sports Field Features:

- Electronic Scoreboards
- Synthetic Turf

- Sports Field Lighting
- Enhanced Planting Areas
- Spectator Areas
- One Adult/Teen Baseball Diamond with Dugouts, Bullpens & Batting Cage
- One Adult/Teen Softball Diamond with Dugouts, Bullpens & Batting Cage
- Two Youth Baseball Diamonds with Dugouts & Bullpens
- Two Adult Soccer Fields with Portable Goals
- Two Junior Soccer Fields with Portable Goals
- Four Youth Soccer Fields with Portable Goals
- Drinking Fountains
- Concession Building

50th Anniversary of the Thanksgiving Fun Run

This year marks the 50th celebration of our Annual Thanksgiving Fun Run! Save the dates for our highly anticipated annual 5K Thanksgiving Fun Run on Saturday, November 18. We'll also be celebrating the Oyster Point Marina Park Ribbon Cutting event. Don't miss out on this momentous event which will include a live DJ, awards for top runners and a best costume award!

- Special price of 50 cents to register!
- Ages 12 years and under: FREE.
- Pre-registration includes a t-shirt.

Register TODAY at www.ssf.net/rec-catalog. Additional event details will be updated at: www.ssf.net/rec. For questions or sponsorship inquiries, please contact the Recreation Office at (650) 829-3800 or email web-rec@ssf.net.

Sign Hill Stewards

You are encouraged to sign-up to help restore habitat and protect nature with the Parks and Recreation Department in South San Francisco. Join Natural Resource Specialist, Candace LaCroix, every other Friday and the last Saturday of the month on Sign Hill. Registration is required. Registration information can be found here: www.eventbrite.com/e/sign-hill-stewards-habitat-restoration-tickets-304822130197. For questions email: candace.lacroix@ssf.net.

We're hiring!

The Parks and Recreation Department is looking for dedicated and talented individuals to join our awesome team. For more information on current job openings visit www.ssf.net.

LIBRARY EVENTS

Easy Readers Club | Grand Library (306 Walnut Ave) | Tuesday, October 3, 3:00 p.m.

Get excited about reading! The Easy Readers Club welcomes new and emerging readers to join together in an interactive read-along activity. Join us on Tuesdays to practice reading and discover awesome new books, all while making friends in a fun social setting. Recommended for young readers ages 6-8.

Basket Weaving | Grand Library (306 Walnut Ave) | Wednesday, October 4, 2:30 p.m.

Celebrate Indigenous Peoples' Day this year at the Grand Avenue Library. Learn about the traditional craft of basket weaving and weave your own basket to take home with you. Recommended for ages 6 and up. Registration Required.

Introduction to Microcontrollers | Grand Library (306 Walnut Ave) | Saturday, October 7, 2:00 p.m.

Learn the basics of electronics by making a light-sensitive LED nightlight with microcontrollers! Making smart devices with microcontrollers is easier than you think. We will explore the fundamentals of programming and electronics that form the basis of the modern world. Microcontrollers like the Arduino, the ESP32, and Raspberry Pi Pico give you the power to create smart devices! We invite makers of all experience levels (including none) to join us and share your expertise at this Maker Team Workshop. Recommended for ages 12 and up.



Call (650) 877-8502 or email christina.fernandez@ssf.net



Celebrate the re-opening of the Roberta Cerri Teglia Senior Center

SHARE YOUR THOUGHTS WITH CITY OF SOUTH SAN FRANCISCO MAYOR FLOR NICOLAS (DISTRICT 3)

> Saturday, September 30, 2023 10:00 a.m. - 12:00 p.m.

3rd Floor | 601 Grand Avenue (at Magnolia Avenue)

Coffee and refreshments will be available

Activities for seniors will resume: Billiards, Open Gym, Tech Assistance, Yoga & Zumba Gold.

For times, go to: https://www.ssf.net/departments/parks-recreation/recreationdivision/seniors

Questions: (650) 877-8502

South City Bike, Grinds & Boba Ride



Saturday, Sep. 30 @ 12 p.m. Orange Memorial Park

Join us for Boba, Coffee, and Pastries!











City of South San Francisco | 400 Grand Avenue, South San Francisco, CA 94080

Unsubscribe marie.patea@ssf.net

Update Profile | Constant Contact Data Notice

Sent bychristina.fernandez@ssf.netpowered by



Try email marketing for free today!