



Last Saturday, I had the pleasure of joining Supervisor David Canepa and the Alliance for Community Empowerment (ALLICE Kumares and Kumpares) for a special event titled "Our Family, Our Future," promoting elder care, preventing elder abuse, and addressing Asian hate attacks. Did you know that by 2040, the majority of city residents will be over the age of 65 years old? Since 1990, the City has seen a 69% increase in the older adult population, those over the age of 60. It is now more important than ever to be vigilant about protecting our seniors, which is why I am proud to bring awareness to

issues facing seniors with events like last weekend's and why I encourage you all to get involved in community organizations like ALLICE and others.

Continuing our commitment to our aging population, the City of South San Francisco has officially been designated as an "Age Friendly City" by the AARP. This yearlong effort developed an Age Friendly Community Action Plan that describes how South San Francisco will continue our Age Friendly Initiatives over the next five years and beyond. AARP's National Network of Age-Friendly Communities requires each of their members to develop an action plan as a best practice strategy to ensure the sustainability and the continued progress of age friendly initiatives. To learn more, please visit https://www.aarp.org/livable-communities/network-age-friendly-communities/.

Speaking of our seniors, let's keep them healthy! Please join our City's Parks and Recreation Department at its 23rd Annual Senior Health Fair sponsored by Kaiser Permanente on Friday, June 30th from 9:00 a.m. to 12:00 p.m. at the Municipal Services Building (33 Arroyo Drive). All are welcome.

As we approach the Fourth of July, an important reminder that *all* fireworks are illegal in South San Francisco and unincorporated areas of San Mateo County. To report the illegal use of fireworks, please contact the police department's non-emergency line at (650) 877-8900. Let's keep our neighborhoods safe this holiday!

A friendly reminder that our Main Library on West Orange Avenue will be closing its doors for the last time on Friday, July 7th at 6 p.m. in order to move from its current location to our new state of the art Library | Parks and Recreation Center opening this Fall 2023. A farewell Open House sharing memories and refreshments will be held on Thursday, July 6th and Friday, July 7th. More details on this event below.

I hope you all have a wonderful and safe weekend!

LOCAL NEWS AND HAPPENINGS

Senior Health Fair. The City of South San Francisco's 23rd Annual Senior Health Fair sponsored by Kaiser Permanente. Friday, June 30, 2023, 9:00 a.m. - 12:00 p.m., Municipal Services Building, is 33 Arroyo Dr., South San Francisco. All community members are welcome. Kaiser Permanente membership not required. Free Screenings: Blood pressure, cholesterol, blood sugar, glaucoma, etc. Expert Advice: Skin care, hearing info., pharmacy consultation (bring your medications), allergy tips, emotional wellbeing, physical therapy, burn awareness and more. For more information, please call: 650-829-3820.

San Mateo County's Anonymous Fireworks Buy-Back Event. On June 25, 2023, between 10 a.m. and 3 p.m., bring any unused or unwanted fireworks to 2500 Middlefield Road in Redwood City and San Mateo County Sherriff's Deputies will gladly accept and dispose of fireworks safely and responsibly, no questions asked. Participants may receive up to \$75 in cash.

Congressmember Kevin Mullin Town Hall. Congressmember Kevin Mullin will be hosting a Town Hall on June 27, 2023 at 6:00 p.m. at the Municipal Services Building Social Hall to discuss local and regional issues facing our community.

Movie Night in the Park. Save the date to our summer Movie Night in the Park events coming this summer! July 21, 2023 at Orange Memorial Park (1 W Orange Avenue) and August 18, 2023 at a location to be determined. Movie titles to be announced. This event is FREE for all ages. Visit www.ssf.net/rec or call (650) 829-3800 for more information.

FREE Bike Repairs and Bike Activities at the South San Francisco Farmers' Market - July 1, 2023. Do you have a bike that needs repairing? Get repairs done for FREE at the Walk 'N Roll to the South San Francisco Farmers' Market event! This event will be hosted at the South San Francisco Farmers' Market at Orange Memorial Park by the Silicon Valley Bike Coalition and the San Mateo County Safe Routes on Saturday, July 1 from 9:00 a.m. - 1:00 p.m. to provide bike repairs, bike parking, games, and an opportunity to win prizes. Bring your kids! Safe Routes to School is partnering with Safe Moves to provide a fun and free bicycle safety training course (located at the Basketball court or Orange Memorial Park). For more information and registration details please refer to the flyer below. Questions? Contact Tamiko Huey at tamiko.huey@ssf.net.

South San Francisco Farmers' Market. Just a reminder, every Saturday from 9:00 a.m. – 1:00 p.m., we have the South San Francisco Farmers' Market behind the Joseph A. Fernekes Building at Orange Memorial Park, 781 Tennis Drive. We have food vendors, crafts, candles, jewelry, and more

LIBRARY EVENTS

Library Farewell Open House | Thursday and Friday, July 6th (12 p.m.-6 p.m.) and July 7th (10 a.m. - 6 p.m.) Check us out at the current Main Library, at

840 West Orange Avenue, before July 8. We will have a farewell Open House sharing memories and refreshments on Thursday, July 6, 12 p.m. – 6 p.m., and Friday, July 7, 10 a.m. – 6 p.m.

Filipino Family Storytime | Main Library (840 W Orange Ave) | Saturday, June 24, 10:30 a.m. Join us for Filipino Family Storytime with Louella! All ages welcome.

3D Printing Workshop | Main Library (840 W Orange Ave) | Saturday, June 24, 2:00 p.m. Learn from SSF's inaugural Makerspace Resident how to design, slice, and print 3D models using ThingIverse, TinkerCAD, and Cura on our Ultimaker 3D printers! Recommended for ages 10 and up.

Tech Tuesday: Travel Apps | Main Library (840 W Orange Ave) | Tuesday, June 27, 12:00 p.m. Learn about smartphone apps and websites to help you in your travels, from navigation to translation to saving money.

Sophie's World | Grand Library (306 Walnut Ave) | Wednesday, June 28, 4:00 p.m. Spend your summer crafting with Sophie's World! Sophie Maletsky, of Sophie's World, uses her sixteen years of experience to come up with great new ways to entertain children. From crafts to activities, and games to parties, to songs and silliness, she has everything you need to have creative fun! This Summer Learning Challenge premier program is made possible by the South San Francisco Friends of the Library.

NorCal Bats | Grand Library (306 Walnut Ave) | Friday, June 30, 12:00 p.m. Bats are very important animals - you should meet some! Let us introduce you to several of our different native species, live and up close, through a visit with NorCal Bats. Learn about these animals and their value in our natural world, dispel common fears and misconceptions, and find out how you can help protect them! Suitable for all ages. This Summer Learning Challenge premier program is made possible by the South San Francisco Friends of the Library.



WALK 'N ROLL TO THE SOUTH SAN FRANCISCO FARMERS' MARKET!

Saturday, July 01 9:00 a.m. - 1:00 p.m. Orange Memorial Park in South San Francisco Free bike repair, bike parking, snacks, prizes, games, and more!

Bring your kids! Safe Routes to School is partnering with Safe Moves to provide a fun and free bicycle safety training course (located at the Basketball court) with parent permission

Bring your bike by for a safety check! Mechanics will be on hand to fix up your bike: replace tubes, tires, chains, and cables. Labor is free! Kids' bikes welcome.

For more information contact tamiko.huey@ssf.net











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