



School's out for summer! While many of us are excited for all the fun summer activities with our children and grandchildren, some families approach summer with worry over how they will provide their child with nutritious meals every day. Food insecurity is real and affects 1 in 5 or 8.4 million Californians.

Food insecurity is defined by the USDA as a lack of consistent access to enough food for every person in a household to live an active, healthy life. The negative impact that Covid-19 had on the economic well-being of many residents intensified this problem in our community. The very high response to the food distribution programs that were established to address food insecurity exposed the level of need here in South San Francisco. While the economy continues to recover from Covid-19, many of our residents have not recovered financially, and we know that there is still a high need for food. We also know that with schools closed for the summer, many children who rely on the Free Lunch program will not have access to this meal.

There are several free non-profit and church-sponsored food distribution programs in South San Francisco, operating at different locations and on different days of the week. The best and most reliable, up-to-date food bank opportunities are listed at the Second Harvest website locator: <https://www.shfb.org/get-food/>. The convenient thing about using the food locator website is when you select a location, not only will it show you the day, time, and frequency of the distribution, it will also provide helpful information such as documents required for registration, items to bring to carry the food, the amount of food residents will receive, and much more information. This is a great and easy way to identify food sites within the City.

Let's work together to share this information with families who may be in need of assistance this summer. As always, if you know of a friend or neighbor who does not receive these important City updates, please forward this email to them, and they can [sign up here](#).

Your Mayor,  
Flor Nicolas

## LOCAL NEWS AND HAPPENINGS

- **Join the South San Francisco Team for the San Mateo County PRIDE month parade!** Saturday, June 10, 10:00 a.m. Interested in walking in the parade and representing South San Francisco? Join our team and get a free SOUTH SAN FRANCISCO PROUD t-shirt. The parade is from 10:00 a.m. to 11:00 a.m. and will start at 2nd & B Street in San Mateo. It will

end at San Mateo Central Park where there will be a PRIDE celebration until 5:00 p.m. Please email [Devin.Stenhouse@ssf.net](mailto:Devin.Stenhouse@ssf.net) to sign up for the SSF team. For more information, click [here](#).

- **South San Francisco Progress Pride Flag Raising and Documentary Screening.** Join us at the steps of City Hall (400 Grand Avenue) on Saturday, June 17, at Noon to raise the Progress Pride Flag. Free South San Francisco Proud t-shirts will be given (*while supplies last*). Following the event, a special screening of Dana Johnson's, [TheActivist: They/Them/Theirs](#) documentary will be held at the Grand Avenue Library (306 Walnut Avenue) at 1:00 p.m. **SEATS ARE LIMITED**. Please RSVP for this screening [here](#).
- **South San Francisco Farmers' Market.** Just a reminder, every Saturday from 9:00 a.m. – 1:00 p.m., we have the South San Francisco Farmers' Market behind the Joseph A. Fernekes building at Orange Memorial Park, 781 Tennis Drive. We have food vendors, crafts, candles, jewelry, and more
- **Sign Hill Stewards Volunteer Program.** You are encouraged to sign-up to help restore habitat and protect nature with the Parks and Recreation Department in South San Francisco. Join Natural Resource Specialist, Candace LaCroix, every other Friday and the last Saturday of the month on Sign Hill. Registration is required. Registration information can be found [here](#). For questions email: [candace.lacroix@ssf.net](mailto:candace.lacroix@ssf.net)
- **2023 Jack Drago Cultural Arts Commission Youth Art Scholarship Art Exhibit.** South San Francisco Unified School District's Class of 2023 graduates Alexandra Jose of El Camino High School, and Gabriel Munoz and Hop Vargas from South San Francisco High School were awarded the Jack Drago Cultural Arts Commission Youth Art Scholarship. They were honored at their respective school's senior awards ceremony and at May's SSF Cultural Arts Commission and SSF City Council meetings. Visit [Cultural Arts-News & Events](#) to learn more about these talented young artists. Their outstanding artwork is currently on exhibit in the Municipal Services Building (33 Arroyo Drive, SSF) atrium display window through mid-July. A virtual gallery of their work can be explored at <https://bit.ly/artscholarshipSSF23>. Viewing is free.
- **ATTENTION ARTISTS -REQUEST FOR QUALIFICATIONS (RFQ) - Mural & Urban Surface Artists.** The City of South San Francisco Cultural Arts Commission invites muralists and urban surface artists to submit their qualifications for the Mural and Urban Surface Public Art Projects. The City intends to create a list of Pre-Qualified Artists through this RFQ. Entries are accepted exclusively through CAFÉ ([CallforEntry.org](http://CallforEntry.org)). Artists chosen for the Pre-Qualified list will be eligible to be considered for the upcoming public mural and urban surface art projects in South San Francisco. Inclusion in the Pre-Qualified Artists list will be for a period of three years. Inclusion in the Pre-Qualified Artists list does not guarantee a commission. Interested artists should apply online at CAFÉ: [https://bit.ly/RFQ\\_ArtSSF](https://bit.ly/RFQ_ArtSSF). More information can be found online at the "Current Opportunities for Artists" page.
- **Senior Health Fair.** The City of South San Francisco's 23rd Annual Senior

Health Fair Sponsored by Kaiser Permanente. Friday, June 30, 2023, 9:00 a.m. - 12:00 p.m., Municipal Services Building 33 Arroyo Dr., South San Francisco. All community members are welcome. Kaiser Permanente membership not required. Free Screenings: Blood pressure, cholesterol, blood sugar, glaucoma, etc. Expert Advice: Skin care, hearing info., pharmacy consultation (bring your medications), allergy tips, emotional wellbeing, physical therapy, burn awareness and more. For more information, please call: 650-829-3820.

## CITY UPDATES

- **Main Library to Close on July 7.** South San Francisco's Main Library on West Orange Avenue will close on Friday, July 7, at 6:00 PM, in preparation for its move to a new, modern building at El Camino Real and Chestnut Avenue. The library will be moving to the new, state-of-the-art Library and Parks & Recreation Center on the corner of El Camino Real and Chestnut Avenue, across the street from the new Police Station. Due to the nature of the construction process, an exact opening day for the new facility has yet to be determined. It is the City's goal to open the Library and Parks & Recreation Center in Fall 2023. As we get closer to a clear opening date, we will share that information with the community. The new Library and Parks & Recreation Center will be the home for many of the City's most popular programs and events. The Library will feature several new amenities for the community including a high-tech Discovery Center, Teen Zone, and study and meeting rooms, alongside Parks & Recreation's fitness and dance studios, classrooms, teaching kitchen, and large banquet and event spaces. The Center also features a 1.3 acre park and playground. For more information about the project, visit [www.communityciviccampus.net](http://www.communityciviccampus.net)
- **Westborough Park Pathway Project.** The Westborough Park Pathway Rehabilitation Project is nearing completion. All paving is completed and the last item awaiting completion is the installation of handrails. The rails are fabricated and currently going through the galvanization process which will take at least one week. Staff anticipate the construction fencing being removed and the park opening by June 9. The scope of work for the project included the repair of all asphalt pathways, staircases, and the addition of handrails at all staircases within the upper park area. In the interim, staff will be working to restore the field and baseball diamond since it has been closed for the project.
- **Citywide Weed Abatement.** Parks staff have begun the citywide effort to perform weed abatement prior to the warmer dry months. Medians, right-of-way areas, and other areas susceptible to wildfires are prioritized for abatement.
- **South San Francisco Parks and Recreation Department is hiring!** The Parks and Recreation Department is looking for dedicated and talented individuals to join our awesome team. For more information on current job openings visit [www.ssf.net/rec](http://www.ssf.net/rec)

## COUNTY UPDATES

- **Get your tickets to the San Mateo County Fair!** The [San Mateo County](#)

Fair is a perfect family outing, we are the one-stop family fun day. With over 15+ food concessions and 60+ commercial vendors, we're bringing you a variety of amazing foods, arts, crafts, games, and entertainment for the whole family. The San Mateo County Fair will be held in-person at the San Mateo County Event Center in San Mateo from Saturday, June 3 - Sunday, June 11.

- **Juneteenth Short Film Screening.** Please join the County of San Mateo Juneteenth Advisory Committee for a short film screening commemorating Juneteenth and the Black experience in America. June 21, 2023 from 5-7:30pm at the Chan Zuckerberg Initiative Community Space (801 Jefferson Avenue, Redwood City, CA). Space is limited, please RSVP at <https://www.signupgenius.com/go/10c0c48afa923aaf5c34-cinequest4>.
- **LGBTQ+ Trainings and Workshops.** The Pride Center is proud to offer training, consultations, and educational opportunities to create institutional and cultural change. Our trainings help reduce stigma and discrimination throughout the county by engaging providers, teachers, and community through LGBTQ+ focused trainings and workshops. Our goal is to support San Mateo County in building cultural humility and creating more equitable environments for all LGBTQ+ folks. Rainbow Kids Webinar- Wednesday June 21st from 7-8:30pm. Kids develop concepts of gender, families, and love before the age of five; it's important that adults have the information they need to support young children in feeling safe and confident in their bodies, families, classrooms, and world. Registration is required, please click [this link](#) to register for the training. If you are unable to attend the June 21<sup>st</sup> training, we are holding this training one more time in September (9/7).

## LIBRARY EVENTS

- **Summer Learning is Here!** Summer Reading returns from June 1 - August 31! Open to all youths 0-18 years of age. The first reading log you finish comes with a free book, and each completed reading log will earn you a chance to win a \$1,000 college scholarship! Click here <https://bit.ly/SLC-0623> for more info.
- **Cantonese Storytime at SSF Farmers Market | Farmers Market (781 Tennis Drive) | Saturday, June 10, 11:30 AM.** Join Ms. Maggie this Saturday at 11:30 AM for a special storytime at the SSF Farmers' Market (behind the Fernekes Building in the parking lot). Visit Ms. Erin at the Library Table to learn about summer reading and the parks pass program! Farmers' Market will be open from 9 AM - 1 PM.
- **Life Sciences Day with Amgen | Main Library (840 W Orange Ave) | Saturday, June 10, 1:30 PM.** Reveal the inner workings of DNA and life science with Amgen's Discovery Center! Throughout the hour, learn from Amgen's biology experts at any of the three experiment stations: Magic Milk, Candy DNA, and DNA Necklaces! We encourage families to engage with as many stations as they are interested in. All ages welcome!

- **Celebrate Juneteenth with Storyteller Diane Ferlatte | Grand Ave Library (306 Walnut Ave) | Saturday, June 10, 3:00 PM.** In celebration of Juneteenth, join master storyteller Diane Ferlatte as she shares African American folktales, legends, and history, bringing them alive through music and the spoken word. Musical accompaniment by Erik Pearson. Event for all ages. Grammy-nominated storyteller Diane Ferlatte is a multi-award winning performer who has captivated audiences across the world. Visit her online at <http://www.dianeferlatte.com/>. This program is made possible by the South San Francisco Friends of the Library.
- **LGBTQ+ Movie Night—Screaming Queens: The Riot at Compton's Cafeteria | Main Library (840 W Orange Ave) | Monday, June 12, 5:30 PM.** EMMY Award-winning Screaming Queens tells the little-known story of the first known act of collective, violent resistance to the social oppression of LGBTQ+ people in the United States - a 1966 riot in San Francisco's Tenderloin neighborhood, three years before the famous riot at New York's Stonewall Inn. This film is rated TV-PG.
- **Community SOGIE 101 | Main Library (840 W Orange Ave) or Virtual via Zoom (Registration Required) | Tuesday, June 13, 5:30 PM.** In this SOGIE (Sexual Orientation and Gender Identity/Expression) training, we cover the basic terminology for sex, gender identity, gender expression and sexual orientation as well as extended topics such as gender-neutral language, pronouns, and cultural humility. Tune in to this Community SOGIE training from the San Mateo County Pride Center in person at the South San Francisco Main Library, or register online and participate virtually at <https://tinyurl.com/SMCPCSOGIE2023>.
- **Books to Film Movie Night: Pride & Prejudice | Grand Ave Library (306 Walnut Ave) | Wednesday, June 14, 5:30 PM.** Watch and discuss the film adaptation of Pride & Prejudice (2005) starring Keira Knightley and Matthew Macfadyen as Elizabeth Bennet and Mr. Darcy. Jane Austen is one of the most beloved novelists of the English language, and Pride & Prejudice is her most famous work. You don't have to read the book to join us for the movie.
- **Father's Day Craft: Magnets | Grand Ave Library (306 Walnut Ave) | Thursday, June 15th, 3:30 PM.** Join us for a quick fun craft! Using some premade stickers, magnets, and shapes to create Father's Day Magnets. Supplies are limited. This is a 30-minute program. All ages are welcome!
- **Asian Art Museum presents Beyond Bollywood: 2000 Years of Dance in Art | Virtual Via Zoom | Thursday, June 15, 2:00PM** Long before Bollywood films, dance played an exceptionally important role in the religious and cultural traditions of India and its neighbors. Explore how dance has inspired the visual arts in five categories: destruction and creation, devotion, subjugation, glorification, and celebration. Using objects from various geographic areas see how dance was, and continues to be, a ubiquitous art form whose function impacts cultures in India and beyond. Presented by the Asian Art Museum of San Francisco Community Speakers Program. Registration is required. This program is made possible by the South San Francisco Friends of the Library.

- **Jungle James | Grand Ave Library (306 Walnut Ave) | Friday, June 16, 3:00 PM.** Here's your chance to explore what it means to love life! Meet some of the world's most misunderstood creatures, evoke your natural sense of curiosity, and learn respect for all living things with Jungle James! This program is made possible by the South San Francisco Friends of the Library.
- **Join Our Final Escape Room! | Main Library (840 W Orange Ave) | Friday, June 16, 6:30 PM or Saturday, June 17, 5:30 PM.** A new library is about to open in South San Francisco! Unfortunately, a disgruntled library employee won't let the new library open unless the city's citizens can prove they know the city's history. In this final escape room game at the Main Library, you are the citizens of South San Francisco. Learn about local history and use your knowledge to solve puzzles, find the stolen key to the new library, and ensure it opens on time. Limited spots available. Recommended for ages 16 and up! Register online via [LibCal.ssf.net](http://LibCal.ssf.net) or call Main library (650) 829-3860.



# 23rd Annual Senior Health Fair

Sponsored by Kaiser Permanente in partnership with the City of South San Francisco

**Date:** Friday, June 30, 2023

**Time:** 9:00 a.m. - 12:00 p.m.

**Municipal Services Building**

**33 Arroyo Dr., South San Francisco**

All community members are welcome. Kaiser Permanente membership not required.

**Free Screenings:** Blood pressure, cholesterol, blood sugar, glaucoma, etc.

**Expert Advice:** Skin care, hearing info., pharmacy consultation (bring your medications), allergy tips, emotional well being, physical therapy, burn awareness and more.

**Website:** <http://www.ssf.net/rec> **For more information, please call:** 650-829-3820.



**KAISER PERMANENTE. thrive**



City of South San Francisco | 400 Grand Avenue, South San Francisco, CA 94080

[Unsubscribe marie.patea@ssf.net](mailto:marie.patea@ssf.net)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [christina.fernandez@ssf.net](mailto:christina.fernandez@ssf.net) powered by



Try email marketing for free today!

