



Happy Friday! Tomorrow, we celebrate Earth Day, which was founded in 1970 as a day of education about environmental issues. The holiday is now a global celebration focusing on living sustainably to reducing harmful emissions, preserving our environment, and living healthier lives. There are so many little things you can do to preserve Mother Earth – here are five simple steps that can make a big difference:

- 1. Plant something!
- 2. Ride your bike.
- 3. Buy reusable bags.
- 4. Use a refillable water bottle.
- 5. Conserve water.

Although we celebrate Earth Day on April 22 this year, Earth Day is not just a day. It's a movement and a call to action to do our part and change our culture to fight for the health of our precious planet.

In this week's Mayor Update, you will find more information on the following:

- Earth Day Clean Up
- Arbor Day and Earth Day Volunteer Event 2023
- Drug Enforcement Agency (DEA) Prescription Drug Take Back Event
- Seeking Feedback from the SSF Veteran Community
- Silicon Valley Bicycle Coalition Pledge Let's get South City on the map!
- San Mateo County Navigation Center Now Open
- Board of Supervisors Restrict Use of County Resources to Aid Immigration Authorities
- How to be a Non-Anxious Parent
- Upcoming library events

In closing, don't forget about our citywide Clean Up Day for tomorrow –and don't forget to bring the postcard mailer that you received for entry into the drop-off! The event is at the SSF Public Works Corporation Yard at 550 N. Canal Street from 9:00 a.m. – 3:30 p.m. For more information, please visit www.ssf.net/cleanupday.

As always, if you know of a friend or neighbor who does not receive these important City updates, please forward this email to them, and they can <u>sign up</u> <u>here</u>.

Your Mayor, Flor Nicolas

## LOCAL NEWS AND HAPPENINGS

- Earth Day Cleanup| Saturday, April 22, 9:00 a.m. 12:00 p.m., Utah Avenue bridge. In collaboration with the County of San Mateo's Public Works Department, the City of South San Francisco's Environmental Compliance Program will be hosting a creek cleanup. The community is invited to volunteer as we pick up trash along the banks of Colma Creek to help preserve our local watershed. Your efforts will decrease litter and pollutants flowing into the bay and support the local ecosystem. For more information, you can reach the Environmental Compliance Program at <u>EnvironmentalComplianceProgram@ssf.net</u>.
- Arbor Day and Earth Day Volunteer Event 2023 |The Parks and Recreation Department in conjunction with the Improving Public Places Committee, will be hosting the annual Earth Day and Arbor Day celebration on Saturday, April 29 at Sister Cities Park from 9:00 a.m. – 12:00 p.m. Volunteers will be planting pollinators and trees that are beneficial to our local ecosystem. Additionally, a litter pick-up event will take place in the Sunshine Gardens neighborhood starting at the Willow Gardens Tot Lot near Nora Way on Saturday, April 22 from 9:00 a.m. – 12:00 p.m. For more information or to RSVP, please email Parks.Volunteers@ssf.net
- Drug Enforcement Agency (DEA) Prescription Drug Take Back Event this Saturday, April 22. We want to let our community know

about the 24<sup>th</sup> DEA National Prescription Drug Take Back Event. This event will be on April 22, 2023, from 10:00 am to 2:00 pm at the Elks Lodge located at 920 Stonegate Drive, in South San Francisco. Unneeded prescription medications – those that are old, unwanted, or no longer needed – are a public safety issue, too often becoming a gateway to addiction. Most opioid addictions start with prescription pills found in medicine cabinets at home. Pharmaceutical drugs can be just as dangerous as street drugs when taken without a prescription or a doctor's supervision. Most people who misuse prescription medication obtain the medicine from a family member or friend. DEA's National Prescription Drug Take Back Day events are one way to dispose of unneeded medications. Beyond this Take Back Day, there are opportunities to dispose of unneeded medications regularly and safely at the South San Francisco Police Department. Please help to keep our South San Francisco community safe.

- Seeking Feedback from the SSF Veteran Community. To accommodate the new Aquatic Center at Orange Memorial Park, the Eternal Flame sculpture and memorial plaques currently located at the corner of Orange Avenue and Tennis Drive will need to be relocated. The City is hosting a focus group of South San Francisco veterans to gather feedback on the proposed relocation of the sculpture and memorial elements. Please join us: Tuesday, April 25 at 3:00 p.m., City Manager's Conference Room, 400 Grand Ave., South San Francisco. We encourage attendance by members of the South San Francisco veteran community.
- Join Silicon Valley Bicycle Coalition in celebrating<u>Bike Month in</u> <u>May</u>. Throughout May there will be all sorts of fun events for you and your family to try riding a bike for everyday use. This year, there's also a

friendly competition between the cities for the most people who Pledge to Ride. Help South City win by signing up <u>here</u> to Pledge today! Right now, Menlo Park is in the lead with Mountain View in second place. You can <u>check the leaderboard</u> every week to see where our city ranks and help give us a boost by pledging to ride! You might be thinking, shoot, my bike has mainly been gathering dust in the garage. No worries! Attend one of the <u>bike maintenance classes</u>. Or maybe it's been a long time since you've thrown a leg over a bike. Drop in on one of the <u>biking basics</u> <u>courses</u>. Whatever is preventing you from getting back in the saddle, we've got your back. Start by <u>pledging to ride</u> and checking out the <u>calendar of events</u> all through May.

## **COUNTY UPDATES**

- San Mateo County Navigation Center Now Open. County officials cut a ceremonial ribbon this week to celebrate the opening of the Navigation Center, which will provide 240 safe temporary living spaces for individuals and couples along with intensive on-site support services in Redwood City. Shelter residents are expected to begin moving in soon. The Navigation Center is designed to serve up to 260 San Mateo County residents experiencing homelessness who may be reluctant to go to traditional shelters. Unlike a traditional shelter (cots or bunk beds, little privacy), the Navigation Center allows couples to room together, pet owners to bring their animals, and clients to store many of their belongings. Read more here.
- San Mateo County Board of Supervisors Restrict Use of County Resources to Aid Immigration Authorities. The Board of Supervisors at its April 11 regular meeting voted to restrict the use of County resources to assist federal immigration authorities. The ordinance prohibits County departments, agencies, commissions, employees, and other representatives from using County resources such as property, personnel, time, labor, or money. The Board's action demonstrates its commitment to making all residents feel safe working with County government. More info here.
- How To Be a Non-Anxious Parent. Peninsula Health Care District is proud to partner with Parent Venture to sponsor timely topics for parents, guardians, teachers, counselors, and anyone who cares about children and youth and wants to understand childhood pressures. Learn what experts can offer and identify ways to be a better role model. Each topic is presented by recognized experts on a wide range of topics such as vaccinations, schooling, stress at home, fire safety, and disaster preparedness. How To Be a Non-Anxious Parent; William Stixrud, Ph.D., Author, Clinical Neuropsychologist & Ned Johnson, Author, Founder, Prep Matters. Tuesday, April 25, 2023, 5:30 pm 6:30 pm PT, Online Event (Live).

Register: https://stixrudandjohnson2023ma.eventbrite.com

## LIBRARY EVENTS

• National Library Week is April 23-29, 2023! Library highlights include a celebration for Shakespeare's birthday, Makerspace activities and takehome kits, as well as an author talk at the end of the week. Plus, we'll be

doing a giveaway at the end of it all. If you attend a program, fill out the Library newsletter survey, or complete another task, you'll be entered to win. Questions? Visit us at the Library or give us a call at (650) 829-3860.

- Virtual Reality | Main Library (840 W Orange Ave) | Saturday, April 22 at 2:00 PM. To kick off National Library Week, immerse yourself in the world of virtual reality. Move to the rhythm of the beat and overcome hurdles that come your way in the game "Beat Saber". Recommended for ages 13 and up! Check out our week full of <u>Makerspace events</u> at both Main and Grand Libraries!
- Shakespeare Page to Screen (Film Program) | Main Library (840 W Orange Ave) | Monday, April 24 at 5:30 PM. Swing by the library for a celebration of Shakespeare's birthday! Scholars believe William Shakespeare was born around the date of April 23rd. To celebrate Shakespeare's literary legacy, we'll be showing a film adaptation of *Much Ado About Nothing* starring Emma Thompson and Kenneth Branagh. Pop in for a movie night and explore Shakespeare's classic comedy on screen; you can even follow along with a copy of the play from our collection! In addition to the film, we'll be providing a craft in honor of National Poetry Month: decorate a Shakespeare Sonnet!
- Canva: Practice the Basics | Main Library (840 W Orange Ave) | Thursday, April 27 at 12:30 PM. Do you have an event coming up or something you want to post on social media but you'd like a second set of eyes on your design skills? Gisel Martin will be reviewing the basics of Canva and you'll be putting it into action as you design your own flyer, banner, or social media post! Participants will get hands-on practice and real-time support. The goal is that by the end of the session, they will have a completed graphic that they are ready to use and more confident in using Canva.
- Researching Family History: Asian American Genealogy Resources | Grand Ave Library (306 Walnut Ave) | Thursday, April 27 at 4:00 PM. In partnership with the California Genealogical Society, join the History Room for a presentation on Asian American Family History resources. Expect to learn about the records and methods used to research family history from regions throughout Asia. Our expert presenter will provide a presentation on these resources and will be available for answers/advice to your own genealogy questions. (A program on Latin American Family History will take place on May 11.) No registration is required, but if you are hoping our expert covers a specific topic geographical area/type of record, please email <u>history@ssf.net</u>.
- Create a Storybook for Día de los Niños | Grand Ave Library (306 Walnut Ave) | Saturday, April 29 at 11:00 AM. Join us immediately after Spanish Bilingual Storytime (at 10:30 AM) to celebrate Día de los Niños by making a small storybook of your own. Únase a nosotros inmediatamente después de la hora del cuento bilingue en español (10:30 AM) para celebrar el Día de los Niños haciendo su propio pequeño libro de cuentos.
- Author Talk with David Goodrich, *On Freedom Road: Bicycle Explorations and Reckonings on the Underground Railroad* | Main Library (840 W Orange Ave) | Saturday, April 29 at 2:00 PM. A

thoughtful and illuminating bicycle journey along the Underground Railroad by a climate scientist seeking to engage with American history. Over the course of four years, David Goodrich rode his bicycle 3,000 miles east of the Mississippi to travel the routes of the Underground Railroad and delve into the history of the places where it happened. Join in this journey to find the heroes and stories, known and hidden, of the Underground Railroad.





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