



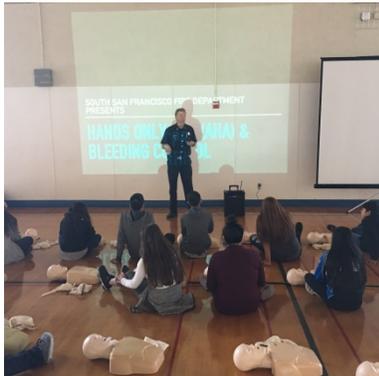
City of South San Francisco
PRESS RELEASE

For Immediate Release

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In Celebration of Fire Prevention Month, South San Francisco Firefighters Complete Week-Long CPR Training to Local High School Students

SOUTH SAN FRANCISCO, Calif., October 18, 2016 – South San Francisco high school students received a lesson in life last week, and it's one they'll hopefully carry throughout their adulthood. While the nation commemorated Fire Prevention Week, which was October 9 – 15, the South San Francisco Fire Department has chosen to make it a month-long recognition. As part of this national observance, the South San Francisco Fire Department visited each high school in South San Francisco last week to teach students "hands only CPR" and bleeding control emergency techniques.



"We are proud to bring another year of Fire Prevention and emergency education to our local high school students," said Gerry Kohlmann, South San Francisco Fire Chief. "The basis for the training is to encourage engagement in emergency situations and to teach individuals simple actions that can save lives."

South San Francisco firefighters provided hands only CPR and bleeding control training to freshman and sophomore students at El Camino, South San Francisco, and Baden High Schools. The instruction was provided each period during Physical Education Classes; the first half of instruction followed the American Heart Association's curriculum for learning Hands Only CPR. Students observed multiple demonstrations and then had the opportunity to practice compressions on provided mannequins.

The second half of the training provided was the Stop the Bleed initiative, which coincides with a campaign recently introduced by the White House and the Department of Homeland Security. Students saw demonstrations on how to apply direct pressure, learned how to apply a tourniquet, and then had the opportunity to practice the skills.

For an overview of the Hands Only CPR training and Bleeding Control techniques shared by the South San Francisco Fire Department, please watch the following videos online at: <https://youtu.be/zSgmledxFe8> and <https://www.dhs.gov/stopthebleed>.

South San Francisco Fire Marshal, Luis da Silva, also adds “While October is Fire Prevention Month, it’s never too early to remind residents about being safe this holiday season. On average, one of every 22 home fires started by Christmas trees result in death.”

Did You Know?¹

- Nearly 47,000 fires occur during the winter holidays claiming more than 500 lives, causing more than 2,200 injuries, and costing \$554 million in property damage.
- Candle fires are four times as likely to occur during the winter holidays.
- During the winter holiday season, an average of 40 home fires per day are caused by children playing.
- Having a working smoke alarm reduces one’s chances of dying in a fire by nearly half.

Go to our website, <http://www.ssf.net/434/Fire-Prevention>, for Preparedness Tips for the Holidays.

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About the City of South San Francisco

The City of South San Francisco proudly remains The Industrial City, a reflection of its steel mill and ship building past, redefined to reflect the innovative, entrepreneurial and industrious spirit which has made South San Francisco the Biotech Capital of the World, with 211 active biotech companies and growing. A vibrant community of 64,585 residents, South San Francisco enjoys a high quality of life with an extensive public parks system, active library and learning programming and a dynamic, engaged community making South San Francisco a great place to live, learn, work and play.

¹ www.redcross.org